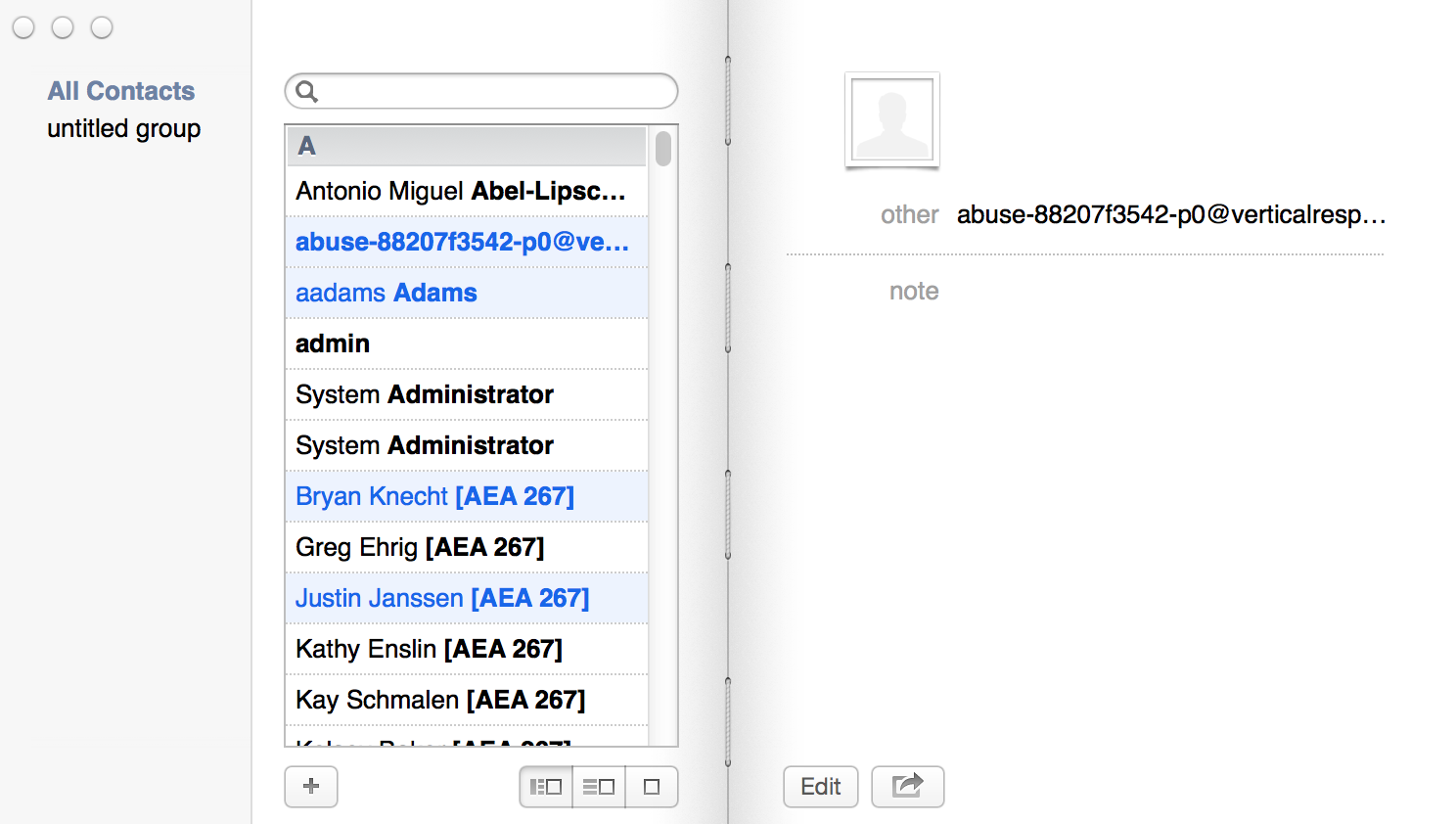
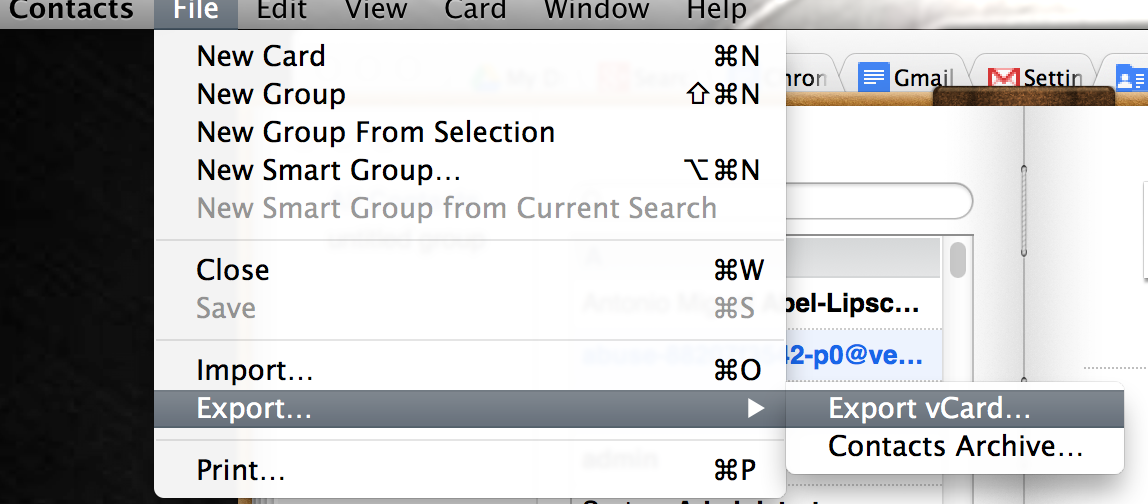
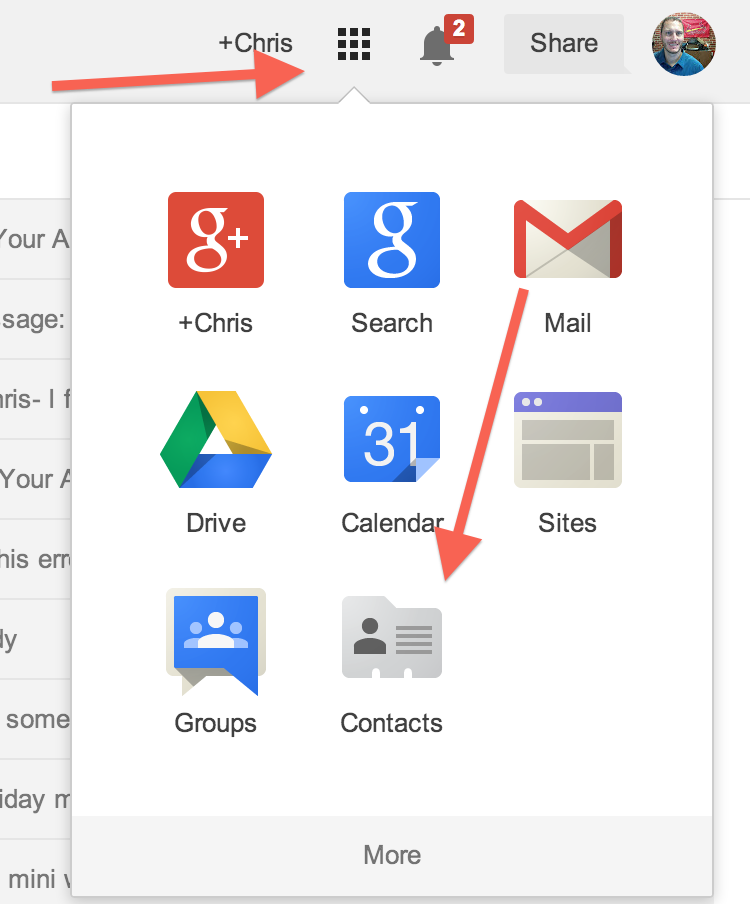
CONTACTS -

Applications - Contacts.app

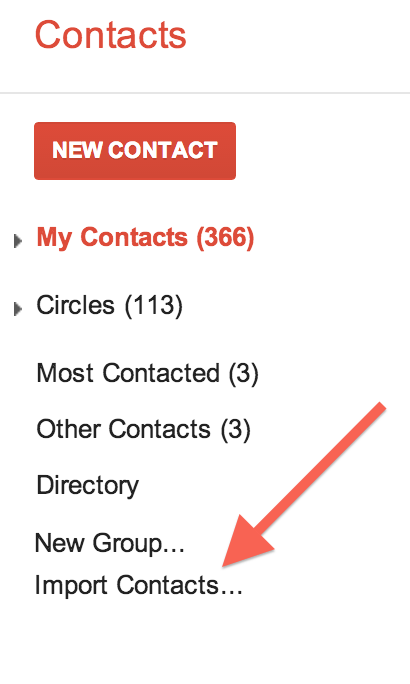
Select contacts to export - Command to select some, Shift to select a range, Command + A to select ALL

Go to File - Export - Export to vCard

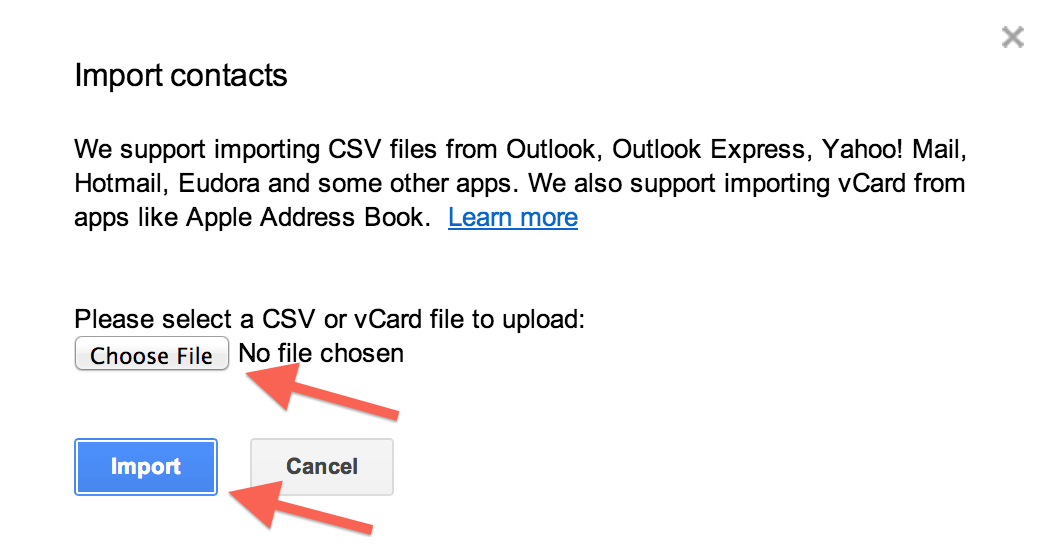


Make note of file name and location. Go to Contacts, 

and on left hand side, Import Contacts.



Choose your contacts file from before.



You can also browse the school directory….

